

大学男生身高标准体重

身高段 (cm)	营养不良	较低体重	正常体重	超重	肥胖
140~140.9	<32.1	32.1~40.3	40.4~46.3	46.4~48.3	>=48.4
141~141.9	<32.4	32.4~40.7	40.8~47.0	47.1~49.1	>=49.2
142~142.9	<32.8	32.8~41.2	41.3~47.7	47.8~49.8	>=49.9
143~143.9	<33.3	33.3~41.7	41.8~48.2	48.3~50.3	>=50.4
144~144.9	<33.6	33.6~42.2	42.3~48.8	48.9~51.0	>=51.1
145~145.9	<34.0	34.0~42.7	42.8~49.5	49.6~51.7	>=51.8
146~146.9	<34.4	34.4~43.3	43.4~50.1	50.2~52.3	>=52.4
147~147.9	<35.0	35.0~43.9	44.0~50.8	50.9~53.1	>=53.2
148~148.9	<35.6	35.6~44.5	44.6~51.4	51.5~53.7	>=53.8
149~149.9	<36.2	36.2~45.1	45.2~52.2	52.3~54.5	>=54.6
150~150.9	<36.7	36.7~45.7	45.8~52.8	52.9~55.1	>=55.2
151~151.9	<37.3	37.3~46.2	46.3~53.4	53.5~55.8	>=55.9
152~152.9	<37.7	37.7~46.8	46.9~54	54.1~56.4	>=56.5
153~153.9	<38.2	38.2~47.4	47.5~54.6	54.7~57	>=57.1
154~154.9	<38.9	38.9~48.1	48.2~55.3	55.4~57.7	>=57.8
155~155.9	<39.6	39.6~48.8	48.9~56	56.1~58.4	>=58.5
156~156.9	<40.4	40.4~49.6	49.7~57	57.1~59.4	>=59.5
157~157.9	<41.0	41~50.3	50.4~57.7	57.8~60.1	>=60.2
158~158.9	<41.7	41.7~51	51.1~58.5	58.6~61	>=61.1
159~159.9	<42.4	42.4~51.7	51.8~59.2	59.3~61.7	>=61.8
160~160.9	<43.1	43.1~52.5	52.6~60	60.1~62.5	>=62.6
161~161.9	<43.8	43.8~53.3	53.4~60.8	60.9~63.3	>=63.4
162~162.9	<44.5	44.5~54	54.1~61.5	61.6~64	>=64.1
163~163.9	<45.3	45.3~54.8	54.9~62.5	62.6~65	>=65.1
164~164.9	<45.9	45.9~55.5	55.6~63.2	63.3~65.7	>=65.8
165~165.9	<46.5	46.5~56.3	56.4~64	64.1~66.5	>=66.6
166~166.9	<47.1	47.1~57	57.1~64.7	64.8~67.2	>=67.3
167~167.9	<48.0	48~57.8	57.9~65.6	65.7~68.2	>=68.3
168~168.9	<48.7	48.7~58.5	58.6~66.3	66.4~68.9	>=69.0
169~169.9	<49.3	49.3~59.2	59.3~67	67.1~69.6	>=69.7
170~170.9	<50.1	50.1~60	60.1~67.8	67.9~70.4	>=70.5
171~171.9	<50.7	50.7~60.6	60.7~68.8	68.9~71.2	>=71.3
172~172.9	<51.4	51.4~61.5	61.6~69.5	69.6~72.1	>=72.2
173~173.9	<52.1	52.1~62.2	62.3~70.3	70.4~73	>=73.1
174~174.9	<52.9	52.9~63	63.1~71.3	71.4~74	>=74.1
175~175.9	<53.7	53.7~63.8	63.9~72.2	72.3~75	>=75.1
176~176.9	<54.4	54.4~64.5	64.6~73.1	73.2~75.9	>=76.0
177~177.9	<55.2	55.2~65.2	65.3~73.9	74~76.8	>=76.9
178~178.9	<55.7	55.7~66	66.1~74.9	75~77.8	>=77.9
179~179.9	<56.4	56.4~66.7	66.8~75.7	75.8~78.7	>=78.8
180~180.9	<57.1	57.1~67.4	67.5~76.4	76.5~79.4	>=79.5
181~181.9	<57.7	57.7~68.1	68.2~77.4	77.5~80.6	>=80.7
182~182.9	<58.5	58.5~68.9	69~78.5	78.6~81.7	>=81.8
183~183.9	<59.2	59.2~69.6	69.7~79.4	79.5~82.6	>=82.7
184~184.9	<60.0	60~70.4	70.5~80.3	80.4~83.6	>=83.7
185~185.9	<60.8	60.8~71.2	71.3~81.3	81.4~84.6	>=84.7
186~186.9	<61.5	61.5~72	72.1~82.2	82.3~85.6	>=85.7
187~187.9	<62.3	62.3~72.9	73~83.3	83.4~86.7	>=86.8
188~188.9	<63.0	63~73.7	73.8~84.2	84.3~87.7	>=87.8
189~189.9	<63.9	63.9~74.5	74.6~85	85.1~88.5	>=88.6
190~190.9	<64.6	64.6~75.4	75.5~86.2	86.3~89.8	>=89.9

注:

身高低于表中所列出的最低身高段的下限值时, 身高每低1厘米, 实测体重需加上0.5公斤, 实测身高需加上1厘米, 再查表确定分值。身高高于表中所列出的最高身高段时, 身高每高1厘米, 其实测体重需减去0.9公斤, 实测身高需减去1厘米, 再查表确定分值。